

## The Proform Form Book Fields Glossary

This glossary will explain all the fields you see in The Form Book on the various tabs. It is in alphabetical order.

### KEY

The third column will contain YES if the field can be affected by quick, advanced or global filters. A \* next to the YES signifies a special filter which will be explained in the fields glossary description.

(NOTE: For more information on filters please see the relevant training video.)

Field Name	Description	Uses Filters YES or NO
# (Race card number)	This is the race card number of the horse which is shown on the saddle cloth.	NO
%DiffHIGH	The percentage difference between the in running HIGH price and the Betfair starting price. This can be altered in the preferences to be based on prices with the stake added or without the stake added. The default is with the stake added.	NO
%DiffLOW	The percentage difference between the in running LOW price and the Betfair starting price. This can be altered in the preferences to be based on prices with the stake added or without the stake added. The default is with the stake added.	NO
Act.Going	The actual going differs from the official going in that it is calculated from the going allowance recorded for the meeting that the race you are viewing was part of. The actual going is a much better representation of the going on the day the meeting took place. This also means it can be a much better pointer to what type of going a horse acts upon.	NO
Age	Current age of the horse.	NO
BSP	Betfair starting price.	NO
BSP (Decimal) LTO	Betfair starting price last time out in decimal format. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	<b>YES *</b>

BSP (Numerical) LTO	Betfair starting price last time out in numerical format (i.e. minus the stake). It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	<b>YES *</b>
Class	This is the class letter of the race and range from A to H. Class letters are the old style class system, which we have kept up-to-date so the older races still work ok.	NO
Class LTO	Class letter of the race last time out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	<b>YES *</b>

Classifications	<p>The classifications on the race cards and results are abbreviations joined together by dashes. Below is a list of the classifications and the abbreviations that are used for them</p> <p> Handicap = Hcap  Maiden = Mdn  Novice = Nov  Selling = Sell  Claimer = Clm  Classified = Cla  Nursery = Nur  Conditions = Con  Auction = Auc  Apprentice = App  Amateur = Ama  Conditional Jockeys = CJK  Rated Stakes = RSk  Fillies = Fil  Mares = Mare  Juveniles = Juv  Median = Med  Showcase = Shw  European Breeders Fund = EBF  Group 1 = Gp1  Group 2 = Gp2  Group 3 = Gp3  Grade 1 = Gr1  Grade 2 = Gr2  Grade 3 = Gr3  Listed = Lis  Chase = Cha  Hurdle = Hdle  National Hunt Flat Race = NHF  Hunter Chase = Hch </p>	NO
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Colour	<p>Horse Colour</p> <p>The abbreviations for the horse colour field are:-</p> <p>gr = Grey  br = Brown  ro = Roan  bl = Black  ch = Chestnut  b = Bay  b/br = Bay/Brown  gr/ro = Grey/Roan  br/gr = Brown/Grey  gr/b = Grey/Bay  sk = Coloured</p>	NO
Comments In Running	In race commentary for each horse.	NO
Course	Course Name.	NO
Course Characteristics	Sharp, Undulating etc .	NO
DP_IVAcc	Draw Impact Value, above 1.0 is a positive draw, below 1.0 is a negative draw.	NO
DSLRL	Days since last run.	NO
DSLRL(F)	Days since last run in a flat race.	NO
DSLRL(J)	Days since last run in a jumps race.	NO
Dam	Dam of the horse.	NO
Date	Date of the race.	NO
Dist To Next	This is the distance in lengths back to the next horse in the race .	NO
Dist To Winner	This is the distance in lengths that the horse was behind the winner .	NO
Distance	The race distance.	NO
Distance In Yards	The race distance in yards.	NO
Distance LTO	The race distance, Last Time Out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	YES *
Distance To Winner LTO	This is the distance in lengths that the horse was behind the winner, Last Time Out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	YES *
Distance in Yards LTO	The race distance in yards, Last Time Out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	YES *

Draw	The stall the horse is drawn in. The draw will be in green if there is an advantage for this stall position and in red for a disadvantage based on the draw impact values.	NO
Draw IV	Draw Impact Value. Above 1.0 is a positive draw, below 1.0 is a negative draw.	NO
Equip	Equipment – the headgear the horse is wearing. The abbreviations are as follows and can be combinations of any of them. Also a 1 signifies the first time wearing of the headgear shown :- b = Blinkers, p = Cheek Pieces, es = Eye Shield, h = Hood, t = Tongue Tie, v = Visor.	NO
Finished Races SR	This shows the strike rate percentage of Jumps races the horse has finished in races prior to the race or day you are viewing.	NO

Finishing Position	<p>This is the horses finishing position.</p> <p>When the horse did not finish these are the abbreviations used:-</p> <p>WD = Withdrawn  DQ = Disqualified  CO = Carried Out  UR = Unseated Rider  SU = Slipped Up  BD = Brought Down  FE = Fell  VO = Void  RR = Refused to Race  RE = Refused  PU = Pulled Up  RO = Ran Out</p> <p>In the system builder and on data exports the finishing position for horses who did not finish are code numbers as follows:-</p> <p>244 = Withdrawn  245 = Disqualified  246 = Carried Out  247 = Unseated Rider  248 = Slipped Up  249 = Brought Down  250 = Fell  251 = Void  252 = Refused to Race  253 = Refused  254 = Pulled Up  255 = Ran Out</p>	NO
Form	This is the form string of the horses last 10 runs.	YES
H1	In Running High Price at Interval 1.	NO
H2	In Running High Price at Interval 2.	NO
H3	In Running High Price at Interval 3.	NO
H4	In Running High Price at Interval 4.	NO
H5	In Running High Price at Interval 5.	NO
H6	In Running High Price at Interval 6.	NO
H7	In Running High Price at Interval 7.	NO
H8	In Running High Price at Interval 8.	NO
H9	In Running High Price at Interval 9.	NO

H10	In Running High Price at Interval 10.	NO
H11	In Running High Price at Interval 11.	NO
H12	In Running High Price at Interval 12.	NO
H13	In Running High Price at Interval 13.	NO
H14	In Running High Price at Interval 14.	NO
H15	In Running High Price at Interval 15.	NO
H16	In Running High Price at Interval 16.	NO
H17	In Running High Price at Interval 17.	NO
H18	In Running High Price at Interval 18.	NO
H19	In Running High Price at Interval 11.	NO
H20	In Running High Price at Interval 20, see the In Running Module training video for more information on the above In Running prices.	NO

HC	<p>Highest Class</p> <p>The HC field is a high class indicator field, it works like this :- The software looks at the last x runs for the horse under the same code of racing as today and notes the highest speed rating achieved in these x runs. It then grabs the class of race that this speed rating was achieved in. This is what is displayed in the column.</p> <p>x runs can be changed in the preferences under the speed rating tab and defaults to 3</p> <p>It also works with any filters set. So for instance with no filters set, it is looking at the last x races from the same racing code in races prior to the race you are viewing, and finds the highest speed rating and displays the class of the race.</p> <p>If you had filters set to ignore turf races and you were viewing a turf race then no HC class figures would be shown.</p> <p>The filters will come into their own though if for instance you wanted to split HC for say just hurdle races or just an AW race. So you could be viewing an AW race and turn off all race types except AW, this would then return HC for just AW races for last x runs etc.</p> <p>The filter options could be then endless, you could restrict to goings, distances etc and get the HC back for the set filters.</p>	YES
Hcap Limit	This is the handicap limit for the race i.e. If the race was a 0-80 handicap then this field would have a value of 80.	NO
History	This can be an abbreviation of C, CD, D or BF which represent Course Winner, Course and Distance Winner, Distance Winner and Beaten Favourite.	YES
Horse	Horses name.	NO
Horse Notes	Will contain YES if any horse notes are entered, otherwise will contain NO.	NO



Hrs Stats	This is the horses statistical rating and is calculated using the following criteria:- form at today's course, today's distance, this season, last 5 seasons, form for the trainer at today's course, today's distance, this season, last 5 seasons, form for the jockey at today's course, today's distance, this season, last 5 seasons and form for the trainer/jockey combination at today's course, today's distance, this season, last 5 seasons.	NO
IR High	In Running High Price the horse achieved. See the In Running Module training video for more information on the In Running prices.	NO
IR Interval	The IR Interval is the gap in seconds that each IR High 1-20 and IR Low 1-20 is taken from the race.	NO
IR Low	In Running Low Price the horse achieved. See the In Running Module training video for more information on the In Running prices.	NO
Jky Stats	This is the jockeys statistical rating and is calculated using the following criteria:- form at today's course, today's distance, last 14 days, this season and last 5 seasons.	NO
Jockey	This the jockeys name. A figure in curly brackets {} after the jockeys name is the claim in pounds.	NO
Jockey Claim	The amount in pounds the jockey is claiming.	NO
L1	In Running Low Price at Interval 1.	NO
L2	In Running Low Price at Interval 2.	NO
L3	In Running Low Price at Interval 3.	NO
L4	In Running Low Price at Interval 4.	NO
L5	In Running Low Price at Interval 5.	NO
L6	In Running Low Price at Interval 6.	NO
L7	In Running Low Price at Interval 7.	NO
L8	In Running Low Price at Interval 8.	NO
L9	In Running Low Price at Interval 9.	NO
L10	In Running Low Price at Interval 10.	NO
L11	In Running Low Price at Interval 11.	NO
L12	In Running Low Price at Interval 12.	NO
L13	In Running Low Price at Interval 13.	NO
L14	In Running Low Price at Interval 14.	NO
L15	In Running Low Price at Interval 15.	NO
L16	In Running Low Price at Interval 16.	NO
L17	In Running Low Price at Interval 17.	NO
L18	In Running Low Price at Interval 18.	NO

L19	In Running Low Price at Interval 11.	NO
L20	In Running Low Price at Interval 20, see the In Running Module training video for more information on the above In Running prices.	NO
Main	This is the Main Rating and is calculated from many of the other fields on the race card. It uses the Tissue Rating, VDW Rating, Official Rating, MR(X) Speed Rating, DSLR, Strike Rate, Proform Form Rating and the weight difference between last two runs on same code of racing.	NO
Main Stats	This is the Main Rating + the Stats Rating.	NO
Max Age	This is the maximum age limit in this race. It will be blank if it is an open age race i.e. 3yo+	NO
Min Age	This is the minimum age limit in this race i.e. 3yo race would be 3.	NO
New Class	This is the class number of the race and ranges from 1 to 5.	NO
New Class LTO	The race class number, Last Time Out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	<b>YES *</b>
No of Runners LTO	The number of runners in the race, Last Time Out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	<b>YES *</b>
Numerical Odds	The official starting price has a numerical price (i.e. does NOT include 1pt stake).	NO
OR	The official handicap rating.	NO
OR HWin	The horses highest winning official handicap rating.	<b>YES</b>
OR LTO	The horses official handicap rating, last time out.	<b>YES</b>
OR LWin	The horses last winning official handicap rating.	<b>YES</b>
Odds	The fractional starting price i.e 13/2, 6/4 etc.	NO
Off.Going	The Official Going for the course.	NO
P/L Before	Profit or Loss in races run BEFORE the race you are viewing.	NO
P/L Since	Profit or Loss in races run SINCE the race you are viewing.	NO
PFR	The Proform Form Rating calculates points based on the following information Going Strike Rate, Horse Strike Rate, Trainer/Jockey Strike Rate, Trainer Strike Rate, Jockey Strike Rate, VDW, Last 3 Runs, Trainer Course Strike Rate, Jockey Course Strike Rate, Class Movement, Course Distance Winners, Trainer/Jockey Course Strike Rate, Speed Ratings.	NO

PRC1	This rating is a class indicator for the horses last run on same race type as today, i.e. turf, aw, chase, hurdle, nhf and is calculated using a class weighting number, the finishing position and no of runners in last race.	NO
PRC2	This rating is a class indicator for the horses 2 <sup>nd</sup> last run on same race type as today, i.e. turf, aw, chase, hurdle, nhf and is calculated using a class weighting number, the finishing position and no of runners in last race.	NO
PRC3	This rating is a class indicator for the horses 3 <sup>rd</sup> last run on same race type as today, i.e. turf, aw, chase, hurdle, nhf and is calculated using a class weighting number, the finishing position and no of runners in last race.	NO
PRCAV	This is the average of PRC1, PRC2 and PRC3.	NO
Pace	<p>The pace ratings and Pace % are a guide as to how a race will be run. They are calculated as follows :- we store pace abbreviations for each horse for every run it has, they can be either L for Led, P for Prominent or H for Held Up. Then to calculate a pace rating for an upcoming race we look at the last 3 runs the horse had and allocate points based on the pace abbreviation given as follows :- 4pts for Led, 2pts for Prominent and 0pts for Held Up, so for instance if a horse Led in all of it's last 3 runs it would get a points total of 12pts or if it was Held up in one race, led in another and was prominent in the third race then it would get 6pts. The pace rating column on the race card screen contains this total for each horse and from these the pace percentage column is calculated.</p> <p>To use these two columns is then simple, if a horse has a percentage of higher than 33% then it is more than likely that it will lead and could even get a soft lead. If there are two or 3 well clear of the rest then one of these will likely lead.</p> <p>Using these in conjunction with the pace details that are carried for each course and distance along with the draw stats is a powerful tool.</p>	NO
Pace %	See above.	NO
PaceForm	This is the pace form string of the horses last 10 runs and rather than containing 10 finishing positions, it contains 10 pace abbreviations.	YES
Pen	Any weight penalty the horse is carrying.	

Plc Before	Number of times placed in races run BEFORE the race you are viewing.	NO
Plc SR Before	Place strike rate in races run BEFORE the race you are viewing.	NO
Plc SR Since	Place strike rate in races run SINCE the race you are viewing.	NO
Plc Since	Number of times placed in races run SINCE the race you are viewing.	NO
Pos	This is the horses finishing position, for full description see glossary entry for Finishing Position above.	
Pounds	Weight carried in pounds.	
Pounds LTO	The pounds in weight carried, Last Time Out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	<b>YES *</b>
Prize	The value of the race to the winner.	NO
Qual	This field contains the race qualification, i.e. the race age group and handicap limit if any e.g. (3yo+ 0-45)	NO
Race	The race name.	NO
Race Notes	Will contain YES if any race notes entered, otherwise will contain NO.	NO
Race Time	The starting time of the race.	NO
Race Type	The type of race, can be one of five types:- Turf, A/W, Chase, Hurdle or NHF.	NO
Ran	The number of runners in the race.	NO
Rating	The Proform Speed Rating for this race the horse ran in. Calculated from our own standard times.	NO
Runners	Number of runners in the race.	NO
Runs Before	Number of runs in races run BEFORE the race you are viewing.	NO
Runs Since	Number of runs in races run SINCE the race you are viewing.	NO
SP (Decimal) LTO	The official starting price has a decimal price (i.e. includes 1pt stake), Last Time Out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	<b>YES *</b>

SP (Numerical) LTO	The official starting price has a numerical price (i.e. does NOT include 1pt stake), Last Time Out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	<b>YES *</b>
SR Before	Strike rate in races run BEFORE the race you are viewing.	NO
SR Since	Strike rate in races run SINCE the race you are viewing.	NO
Sex	The sex of the horse.	NO
Sire	The horses sire.	NO
Spd Rat	The Proform Speed Rating for this race the horse ran in. Calculated from our own standard times.	NO
Stats	The Stats rating is the total of the following four ratings:- Trn Stats, Jky Stats, Trn/Jky Stats and Hrs Stats.	NO
TIS+PFR	This is the tissue rating + the PFR rating.	NO
Time	Time in seconds the horse took to run the race. If the horse was not the winner then the time is based on the winning time and lengths beaten to work out a finishing time.	NO
Tissue Numerical Odds	The tissue odds in numerical format i.e. no stake added.	NO
Tissue Odds	The tissue odds are calculated from the tissues ratings.  NOTE: The tissue ratings only look at form in the same racing code as todays race, this leads to the tissues prices not being very accurate so use with caution.	NO
Tissue Rating	The tissues ratings are calculated from many variables, which include, course form, jockey form, trainer form, trainer and jockey combination form, speed ratings at track, distance, going, recent form and much more.	NO
TotalSP	The total official starting price percentage.	NO
Trainer	The trainers name.	NO
Trn Stats	This is the trainers statistical rating and is calculated using the following criteria:- form at today's course, today's distance, last 14 days, this season and last 5 seasons.	NO

TrnJky Stats	This is the trainers/jockeys combination statistical rating and is calculated using the following criteria:- form at today's course, today's distance, last 14 days, this season and last 5 seasons.	NO
User Rating 1	This field contains any imported ratings.	NO
User Rating 1 Odds	This field contains any imported odds.	NO
User Rating 2	This field contains any imported ratings.	NO
User Rating 2 Odds	This field contains any imported odds.	NO
User Rating 3	This field contains any imported ratings.	NO
User Rating 3 Odds	This field contains any imported odds.	NO
User Rating 4	This field contains any imported ratings.	NO
User Rating 4 Odds	This field contains any imported odds.	NO
VDW	VDW is based on the number of wins for the horse divided by the win prize money it gained from these. The VDW is for all career races prior to the race date you are viewing and is also based on the same type of race you are looking at. So if your are viewing a flat race the VDW is for flat/AW ((win prize money / win) / 100) and if you are viewing a jumps race then the VDW is for Chase/Hurdle/NHF (( win prize money / win) / 100).	NO
Value	The value of the race to the winner.	NO
Value LTO	The race value, Last Time Out. It is filtered to the same type of racing code (i.e Jumps/Flat) as the race you are looking at and only looks at form prior to the race you are viewing.	YES *
Weight	Weight carried in stones and pounds.	
Won Before	Number of races won in races run BEFORE the race you are viewing.	NO
Won Since	Number of races won in races run SINCE the race you are viewing.	NO

<b>DYNAMIC SPEED RATINGS</b>		
dy2HA	This is the Second Highest Achieved Speed Rating.	<b>YES</b>
dyAVG	This is the Average Speed Rating achieved by the horse taken over all of it's runs. If a horse had only run twice then the average would taken over the two races and if it had only run once then the average would be that rating.	<b>YES</b>
dyAVG(X)	This is the Average Speed Rating taken over X amount of races. The X amount or ratings can be changed in the preferences screen. The default is 3 races, so the dyAVG(x) rating would look at the last 3 races a horse ran in and take an average of the 3 recorded speed ratings. If a horse had only run twice then the average would be taken over the two races and if it had only run once then the average would be that rating.	<b>YES</b>
dyHA	This is the Highest Achieved Speed rating the horse has produced in it's career.	<b>YES</b>
dyLTO	This is the Speed rating achieved on the horses latest outing.	<b>YES</b>
dyMR	This is the Median Speed rating achieved by the horse taken over all of it's runs. The median rating is the middle most rating of the horses ratings after they are sorted lowest to highest. If there are an even number of ratings after sorting then the median becomes the average of the middle two ratings. If there is only one rating then the median is that rating.	<b>YES</b>
dyMR(X)	This is the Median Speed Rating taken over X amount of races. The X amount or ratings can be changed in the preferences screen, the default is 3 races, so the dyMR(x) rating would look at the last 3 races a horse ran in and take the middle most rating after they are sorted lowest to highest, if there are an even number of ratings after sorting then the median becomes the average of the middle two ratings, if there is only one rating then the median is that rating.	<b>YES</b>

STATIC SPEED RATINGS		
<p>General Rules for all the Static Speed Ratings</p> <p>Speed ratings of zero ignored  All of the static speed ratings ignore 0 ratings.  This means in races in which horses did not finish (full, pulled up etc.) or were so far back that they did not warrant a speed rating, these will be ignored for the purposes of calculating the static speed ratings.</p> <p>Race Types  All of the static speed ratings only look at races that are the same race type as the race you are looking at. By same race type we mean, if the race you are viewing is a Chase, then the static speed rating is the speed rating the horse has achieved in a Chase. There are 5 race types that the static speed ratings utilise Flat Turf, Flat AW, Jumps Chase, Jumps Hurdle and Jumps NHF.</p>		
stHA C	This is the highest speed rating the horse has achieved in it's career runs to date in races that match the general rules for all static speed ratings as mentioned above.	NO
stHA L1y	This is the highest speed rating the horse has achieved in the last 1 year in races that match the general rules for all static speed ratings as mentioned above.	NO
stLTO	This is the speed rating the horse has achieved last time out in races that match the general rules for all static speed ratings as mentioned above.	NO
stLTO 2	This is the speed rating the horse has achieved 2nd last time out in races that match the general rules for all static speed ratings as mentioned above.	NO
stLTO 3	This is the speed rating the horse has achieved 3rd last time out in races that match the general rules for all static speed ratings as mentioned above.	NO
stLTO 4	This is the speed rating the horse has achieved 4th last time out in races that match the general rules for all static speed ratings as mentioned above.	NO
stMR C	This is the median speed rating the horse has achieved in it's career to date in races that match the general rules for all static speed ratings as mentioned above.	NO
stMR L1y	This is the median speed rating the horse has achieved in the last 1 year in races that match the general rules for all static speed ratings as mentioned above.	NO
stMR L3r	This is the median speed rating the horse has achieved in the last 3 runs in races that match the general rules for all static speed ratings as mentioned above.	NO